


<i>Fresh vegetable choices and seasonal fruit are offered daily at the fruit and vegetable bar!</i>	<b>St. Matthew's Lutheran School</b> <b>Lunch Menu</b>	<b>January</b> <b>2019</b>
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<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
		1	2	3
	<b>Happy New Year!</b>  <b>No School</b>	Beef Nachos w/ melted Cheese & Salsa OR Roasted Hotdog Baked Beans  Fruit & Vegetable Bar	Chicken Nuggets w/ BBQ Sauce OR BBQ Riblet Mashed Potatoes  Fruit & Vegetable Bar	Homemade Cheese Pizza OR Homemade Pepperoni Pizza  Fruit & Vegetable Bar
	7	8	9	10
Cheeseburger on a Bun OR Deli Sub Hot Wedged Potatoes  Fruit & Vegetable Bar	Pasta w/ Meat Sauce Garlic Bread OR BBQ Chicken on a Bun  Fruit & Vegetable Bar	Walking Beef Tacos w/ Lettuce, Tomato & Salsa OR Golden Corn Dog Refried Beans  Fruit & Vegetable Bar	Mac & Cheese OR Sloppy Joe on a Bun  Fruit & Vegetable Bar	Cheesy Italian Flatbread OR Sausage Italian Flatbread  Fruit & Vegetable Bar
	14	15	16	17
Chicken Nuggets w/ BBQ Sauce OR Hamburger French Fries  Fruit & Vegetable Bar	Chicken Parmesan Sandwich OR Sausage Stromboli  Fruit & Vegetable Bar	Chicken Enchilada Bake OR Taco Salad Refried Beans Salsa  Fruit & Vegetable Bar	Meatloaf w/ Gravy OR Mozzarella Dippers w/ Marinara Mashed Potatoes  Fruit & Vegetable Bar	Homemade Cheese Pizza OR Homemade Hawaiian Pizza  Fruit & Vegetable Bar
	21	22	23	24
BBQ Rib on a Bun OR Popcorn Chicken w/ Honey Mustard Tator Tots  Fruit & Vegetable Bar	WG Rotini W/ Meatballs & Garlic Bread OR All Beef Hotdog  Fruit & Vegetable Bar	Baked Potato w/ Taco Meat & Cheese OR Crispy Chicken Salad Baked Beans  Fruit & Vegetable Bar	Swedish Meatballs over Buttered Egg Noodles w/ Dinner Roll OR Chicken Patty on a bun  Fruit & Vegetable Bar	Tony's Cheese Pizza OR Tony's Sausage Pizza  Fruit & Vegetable Bar
	28	29	30	31
Grilled Cheese w/ Tomato Soup OR Mini Corn Dogs  Fruit & Vegetable Bar	Max Sticks w/ Marinara OR Beef Steak Burger on a bun  Fruit & Vegetable Bar	Chicken Fajitas w/ Flour Tortilla's and Salsa OR Turkey and Cheese Sub Black Beans  Fruit & Vegetable Bar	Salisbury Steak w/ Gravy & Dinner Roll OR Spicy Chicken Patty on a Bun Mashed Potatoes Fruit & Vegetable Bar	

<b>PRICES</b> Student and Adult \$3.25 Extra Entree \$1.50	<b>EXTRA INFORMATION</b> Milk choice of 1% white, skim or chocolate is included with lunch. Entree salads are served with dinner roll. For questions / comments, contact b.eaton@taher.com.	
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