

St. Matthew's Kitchen Club

Who? Students in Grades 5-8 (this club will be capped at 15)

When? Wednesdays from 2:45-4:15 (March 1, 8, and 22)

Where? In the Lobby/Kitchen at St. Matthew's

Cost? \$15

Mrs. Joy Lenz will be leading this club. Mrs. Lenz is an active member of St. Matthew's and a registered dietician. She has worked in multiple healthcare settings and has taught culinary classes at WCTC. She also owns her own business, "Bring Joy to Your Kitchen."

Here is the kitchen plan for our three classes:

March 1: Instant Pot Chicken Noodle Soup and Apple Nacho Supreme

March 8: Baked Spring Rolls and Tropical Fruit Kebobs

March 22: Muffin Mania

We will eat what we make during club time, so everyone will go home full!

All interested children will need to provide the completed registration below and the \$15 fee by Tuesday, February 21. You may drop it off in the school office. We will only be able to take 15 students in this club.

Please send any questions to Mrs. Beth Ziel (bziel@smls.org).

Kitchen Club Registration

Name of Child _____

Grade _____

Parent's Signature