

Fresh vegetable choices  
and seasonal fruit are  
offered daily at the fruit  
and vegetable bar!

# St. Matthew's School

## Lunch Menu

# October 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2		3		4		5		6
Beef Tacos Rice Corn Pineapple		Egg Bake with Ham and Cheese Potatoes Apple Sauce		Turkey Sandwich Yogurt Soup Green Beans Peaches		Sesame Chicken Rice Broccoli Fruit Cocktail		Mini Corn Dogs French Fries Peas Oranges	
	9		10		11		12		13
Pancakes Sausage Peaches Apples		Chicken and Mashed Potato Bowls w/ Corn and Gravy Tropical Fruit		Hot Ham and Cheese Sliders Chips Peas Oranges		Baked Potato Bar Ham Cheese Broccoli Peaches		Chicken Parmesan Caesar Salad Green Beans Fruit Cocktail	
	16		17		18		19		20
French Toast Sticks Sausage Pineapple		Chili Biscuit Green beans Peaches		Turkey and Cheese Tortilla Roll ups Chips Peas and Carrots Applesauce		Chicken Enchiladas Rice Corn Pineapple		French Bread Pizza Cesar Salad Peas Pears	
	23		24		25		26		27
Beefy Nachos Refried Beans Corn Fruit Cocktail		Hot Dogs Baked Beans Chips Apples		Chicken Nuggets French Fries Green Beans Peaches		<b>NO SCHOOL</b>		<b>NO SCHOOL</b>	
	30		31						
Bagel Breakfast Sandwich Egg, Sausage, Cheese Potatoes Applesauce		Lasagna Garlic Bread Peas Tropical Fruit							
<b>PRICES</b> Students \$3.50	<p align="center"><b>EXTRA INFORMATION</b></p> <p align="center">Milk choice of 1% white or skim chocolate is included with lunch. Menu may be changed without notice. For questions / comments, contact <a href="mailto:schoollunch@smls.org">schoollunch@smls.org</a>. This institution is an equal opportunity provider.</p>								